

CRISIS/HOTLINE LIST

- If you don't know where to start, Dial 2-1-1 on your phone to be connected with the National Human Service call center
- Teens can text the Teen Crisis Text Line at (504) 777-3273; Available 24/7 - Txt211 provides comprehensive information and referrals throughout Louisiana.
- The Teen Crisis Chatline is for people ages 12 – 24 who live in Louisiana 741741 - Crisis Text Line used mostly by Teens



- **National Suicide Prevention Lifeline 9 8 8**; Hours: Available 24 hours. Languages: English, Spanish

In general, hotlines have three things in common:

- 1) They are available to call 24/7
- 2) They are 100% confidential
- 3) They are free

Here's a list of hotlines that may help you in whatever situation you find yourself in. Check out the bottom for chat and text lines as well!

ABUSE

- **National Sexual Assault Hotline 1-800-656-HOPE (4673)**
- **Stop it Now! 1-888-PREVENT**
- **United States Elder Abuse Hotline 1-866-363-4276**
- **National Child Abuse Hotline 1-800-4-A-CHILD (422-4453)**
- **Child Abuse Hotline / Dept of Social Services 1-800-342-3720**
- **Child Abuse National Hotline 1-800-25ABUSE**
- **Children in immediate danger 1-800-THE-LOST**
- **Exploitation of Children 1-800-843-5678**
- **Missing Children Help Center 1-800-872-5437**

ADDICTION

- **Marijuana Anonymous 1-800-766-6779**
- **Alcohol Treatment Referral Hotline (24 hours) 1-800-252-6465**
- **Families Anonymous 1-800-736-9805**
- **Cocaine Hotline (24 hours) 1-800-262-2463**
- **Drug Abuse National Helpline 1-800-662-4357**
- **National Association for Children of Alcoholics 1-888-554-2627**
- **Ecstasy Addiction 1-800-468-6933**
- **Alcoholics for Christ 1-800-441-7877**

CRISIS/HOTLINE LIST

CRISIS #S (TEENS UNDER 18)

- *Girls and Boys Town* 1-800-448-3000
- *Hearing Impaired* 1-800-448-1833
- *Youth Crisis Hotline* 1-800-448-4663
- *Teen Hope Line* 1-800-394-HOPE

CRISIS #S (ANY AGE)

- *United Way Crisis Helpline* 1-800-233-HELP
- *Christian Oriented Hotline* 1-877-949-HELP
- *Social Security Administration* 1-800-772-1213

CRISIS PREGNANCY HELPLINE

- *Crisis Pregnancy Hotline Number* 1-800-67-BABY-6
- *Liberty Godparent Ministry* 1-800-368-3336

DOMESTIC VIOLENCE

- *National Domestic Violence Hotline* 1-800-799-SAFE
- *National Domestic Violence Hotline Spanish* 1-800-942-6908
- *Battered Women and their Children* 1-800-603-HELP
- *Elder Abuse Hotline* 1-800-252-8966
- *RAINN* 1-800-656-HOPE (4673)

EATING DISORDERS

- *Eating Disorders Awareness and Prevention* 1-800-931-2237
- *Eating Disorders Center* 1-888-236-1188
- *National Association of Anorexia Nervosa and Associated Disorders* 1-847-831-3438
- *Remuda Ranch* 1-800-445-1900

FAMILY VIOLENCE

- *Family Violence Prevention Center* 1-800-313-1310

GAMBLING

- *Compulsive Gambling Hotline* 1-410-332-0402

GRIEF/LOSS

- *GriefShare* 1-800-395-5755

HOMELESS/SHELTERS

- *Homeless* 1-800-231-6946
- *American Family Housing* 1-888-600-4357

LGBTQIA+

- *Helpline: 1-800-398-GAYS*
- *Gay and Lesbian National Hotline* 1-888-843-4564
- *Trevor Hotline (Suicide)* 1-866-4-U-TREVOR

POISON

- *Poison Control* 1-800-942-5969

CRISIS/HOTLINE LIST

RUNAWAYS

- **Boystown National Hotline** 1-800-448-3000
- **National Runaway Safeline** 1-800-RUNAWAY (786-2929)
- **Laurel House** 1-714-832-0207
- **National Runaway Switchboard** 1-800-621-4000
- **Teenline** 1-888-747-TEEN
- **Youth Crisis Hotline** 1-800-448-4663

SELF-INJURY

- **S.A.F.E. (Self-Abuse Finally Ends)** 1-800-DONT-CUT

SUICIDE

- **Suicide Hotline** 1-800-SUICIDE (784-2433)
- **1-800-273-TALK** (8255)
- **Suicide Prevention Hotline** 9 8 8
- **Deaf Hotline** 1-800-799-4TTY
- **Holy Spirit Teenline** (717) 763-2345 or 1-800-722-5385
- **Crisis Intervention (Harrisburg)** (717) 232-7511 or 1- 888- 596-4447
- **Carlisle Helpline** (717) 249-6226
- **Crisis Intervention (York)** (717) 851-5320 or 1-800-673-2496



[ImAlive.org](https://www.ImAlive.org) (Live Online Chat)



[CrisisChat.org](https://www.CrisisChat.org) (Live Online Chat)

REMEMBER, THE PHONE # MAY BE NATIONAL, BUT THEY ROUTE LOCALLY
When you call a National Hotline the representative you speak with will help
you find local services you can access for help.